

QUESTION ON THE “UNIT OF LIFE”

A friend of ours asked:

Hi Avery. A few times I have heard you say, given that we humans live several lives, that we have lived "millions, millions, millions,...." life. Do you mean that all these millions of lives are human lives? Would you be kind enough to develop it, please.

great question.

Here are a few thoughts.

and a few minutes of audio/text from Anthony.

Further down more of the wonderful PB para 26.4.257 “what is the use” more readings about “unit of life” from Anthony and PB.

Much love and light and blessings.... A

The first point about our evolutionary journey is about the “unit of life.” It is said clearest I have found in *The Notebooks of Paul Brunton: 26.4.257* (I include the essential part later in this post). From his view, the “unit of life” goes on a journey which begins before human, and a continual spiral evolution to full ripened “human.” And maybe continues beyond that... no ending...

The second point about “millions” is that in comparison to our timeless nature, any amount of lives, time, etc. is infinitesimal, i.e. essentially 0. Here is a part of a para about time and timeless:

...The philosophic student discovers the mission of time; it heals sorrows and, under karma or through evolution, cures evils. The sage solves the mystery of timelessness, which redeems man. (end of 19.2.8)

The third point about “Millions” is that it is not only life to life... but every moment ego is “reborn.”

During the gap--infinitesimal though it be--between two thoughts, the ego vanishes. Hence it may truly be said that with each thought it reincarnates anew. There is no real need to wait for the series of long-lived births to be passed through before liberation can be achieved. The series of momentary births also offers this opportunity, provided a man knows how to use it. 23.8.162

For math fun, in a lifetime of 80 years you can figure how many **seconds** there are:

Day: $60 \times 60 \times 24 = 86,400$ **Year:** $\times 360 = 31,500,000$ **Life:** $\times 80 = 2,523,000,000$

AUDIO/TEXT from Anthony on the Unit of life:

[*Anthony Damiani: Unit of Life*](#)

[*Anthony Damiani: You Become Wisdom*](#)

Anthony Damiani: World-Mind is teaching soul: <https://lookingintomind.com/wp-content/uploads/2020/06/AD-world-mind-is-teaching-you.pptx.mp4>

More of the para 26.4.257 from The Notebooks of Paul Brunton

...The unit of life emanated from the Overself begins with the merest glimmer of consciousness, appearing on our plane as a protozoic cell. It evolves eventually into the fullest human consciousness, including the intellectual and spiritual. It does not finish as it began; on the contrary, there is a grand purpose behind all its travail. There is thus a wide gulf between its original state and its final one.

...The self-consciousness thus developed will not be dissolved, extinguished, or re-absorbed into the Whole again, leaving not a trace behind. Rather will it begin a new spiral of evolution towards higher altitudes of consciousness and diviner levels of being, in which it will co-operate as harmoniously with the universal existence as formerly it collided against it. It will not separate its own good from the general good. Here is part of the answer to this question: What are the ultimate reasons for human wanderings through the world-process? That life matters, that the universe possesses meaning, and that the evolutionary agonies are leading to something worthwhile--these are beliefs we are entitled to hold. If the cosmos is a wheel which turns and turns endlessly, it does not turn aimlessly. Evolution does not return us to the starting point as we were. The ascent is not a circle but a spiral.

Evolution presupposes that its own possibility has always been latent within the evolving entities. Hence the highest form is hidden away in the lowest one. There is development from the blindly instinctive life of animals to the consciously thinking life of man. The blind instinctive struggles of the plant to sustain itself are displaced in the evolutionary process by the intelligent self-conscious efforts of the man. Nor does this ascent end in the Vedantic merger or the Buddhistic annihilation. It could not, for it is a development of the individuality. Everywhere we find that evolution produces variety. There are myriads of individual entities, but each possesses some quality of uniqueness which distinguishes it from all others. Life may be one but its multitudinous expressions do differ, as though difference were inherent in such expression.

Evolution as mentalistically defined by philosophy is not quite the same as evolution as materialistically defined by Darwin. With us it is simply the mode of striving, through rhythmic rise and fall, for an ever fuller expansion of the individual unit's consciousness. However, the ego already possesses all such possibilities latently. Consequently the whole process, although apparently an ascending one, is really an unfolding one.

MORE READINGS from Anthony and PB on the LIM website:

<https://lookingintomind.com/index.php/soul-double-nature/>

[SOUL DOUBLE NATURE: and the evolutionary journey]

[UNIT OF LIFE: you become Wisdom]