

Above all else I want to see things differently. --

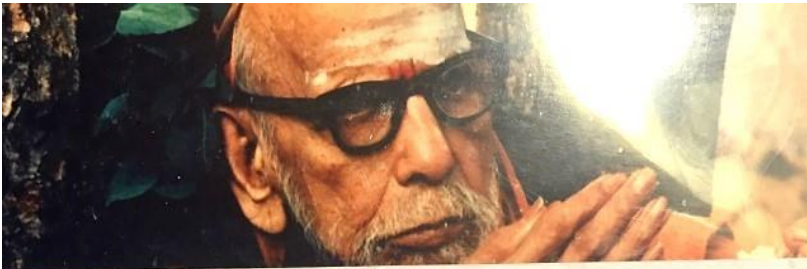
You could, in fact, gain vision from just that table, if you would withdraw all your own ideas from it, and look upon it with a completely open mind. It has something to show you; something beautiful and clean and of infinite value, full of happiness and hope. Hidden under all your ideas about it is its real purpose, the purpose it shares with all the universe. [*A Course in Miracles*](#)

God is in everything I see because God is in my mind.

The idea for today is the springboard for vision. From this idea will the world open up before you, and you will look upon it and see in it what you have never seen before.

Thus, we are trying to join with what we see, rather than keeping it apart from us. That is the fundamental difference between vision and the way you see. [*A Course in Miracles*](#)

Let me offer you this practice: See all things with love, as part of you. Do you see how I have slipped in the necessity to love yourself? Some of you didn't even notice. For example: a flower. Touch it with your love, not just visually, but experientially. Breathe in its aroma; it is part of you. See its beauty; that is who you are. Touch its softness; that is your softness. Feel the strength of its roots. That is your strength, your rootedness in your world. You would not see that flower if it were not already a part of you. --[*Emmanuel's Book*](#)



**Every person you meet is God in disguise .
When you remove the filters of your mind,
God is right there in front of you**

M: Even your body is full of events which do not appear in your consciousness. This does not prevent you from claiming your body to be your own. You know the world exactly as you know your body -- through your senses. It is your mind that has separated the world outside your skin from the world inside and put them in opposition. This created fear and hatred and all the miseries of living. ch 65

When you look at anything, it is the ultimate you see, but you imagine that you see a cloud or a tree. Learn to look without imagination, to listen without distortion: that is all. Stop attributing names and shapes to the essentially nameless and formless, realise that every mode of perception is subjective, that what is seen or heard, touched or smelt, felt or thought, expected or imagined, is in the mind and not in reality, and you will experience peace and freedom from fear. ch. 44

What is in you, you take to be outside you and what is outside, you take to be in you. The mind and feelings are external, but you take them to be intimate. You believe the world to be objective, while it is entirely a projection of your psyche. This is the basic confusion and no new explosion will set it right. You have to think yourself out of it. There is no other way. Ch 51

M: Our minds are just waves on the ocean of consciousness. As waves they come and go. As ocean they are infinite and eternal. Know yourself as the ocean of being, the womb of all existence. These are all metaphors of course; the reality is beyond description. You can know it only by being it.

...It is your mind that has separated the world outside your skin from the world inside and put them in opposition. This created fear and hatred and all the miseries of living. Ch 4 %

Change the current of your desire from taking to giving. The passion for giving, for sharing, will naturally wash the idea of an external world out of your mind, and of giving as well. Only the pure radiance of love will remain, beyond giving and receiving. ch72

Q: How does a genuine crisis happen?

M: It happens every moment, but you are not alert enough. ... the immense and all pervading sorrow of existence is a constant factor in your life, but you refuse to take notice. You suffer and see others suffer, but you don't respond. NM 422

If you were really compassionate, you would have abandoned long ago all self-concern and entered the state from which alone you can really help. NM 469

Hafiz: The Compass I Heard God Laughing

Look at the Perfect One
At the Circle's Center:

He Spins and Whirls like a Golden Compass,
Beyond all that is Rational,
To show this dear world
That Everything,
Everything in Existence
Does point to God.