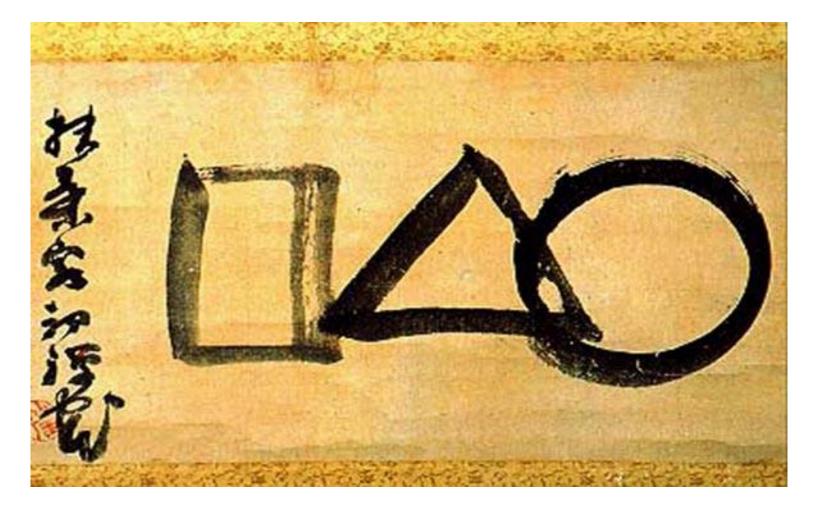
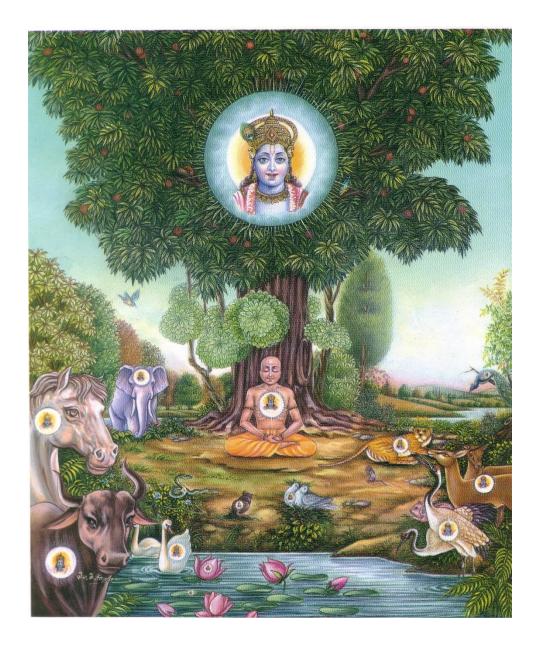
### COMPLEMENTARITIES WHERE WE MEET REALITY





... The World-Mind is hidden deep within our individual minds. The World-Idea begets all our knowledge. Whoever seeks aright finds the sacred stillness inside and the sacred activity in the universe. (p. 361)

The World-Mind is omnipresent. There is a point where everyone touches it. When we attain awareness of this point, we are at last attending the true Holy Communion service. 25.1.30



No one can see the Real yet everyone may see the things which come from it. Although it is itself untouchable, whatever we touch enshrines its presence. 28.1.22 The Infinite cannot be set against the finite as though they were a pair of opposites.

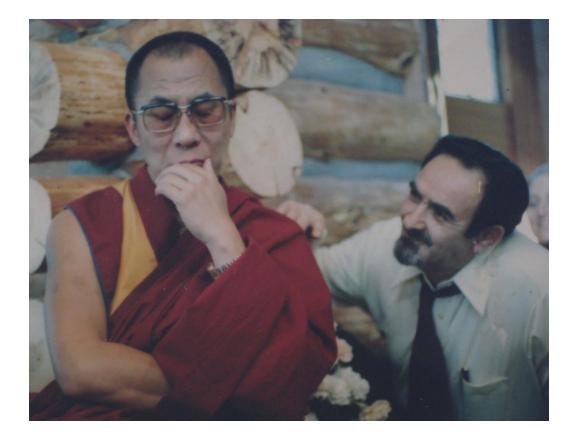
...The Infinite includes and contains within itself all possible finites.

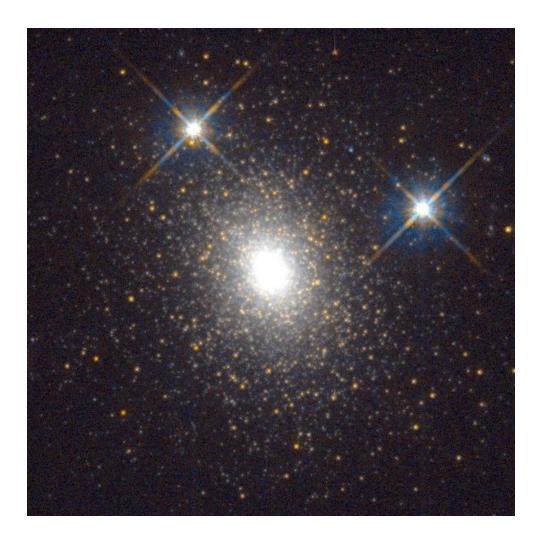


5

The practical import of this truth is that Mind can be experienced not only in the Void but also in the world. The Reality is not only to be discovered as it is but also beneath its phenomenal disguises. 20.4.124

Each person you encounter is God in disguise. God is hiding within each of us. When you remove the filters of your mind, God is right there in front of you.



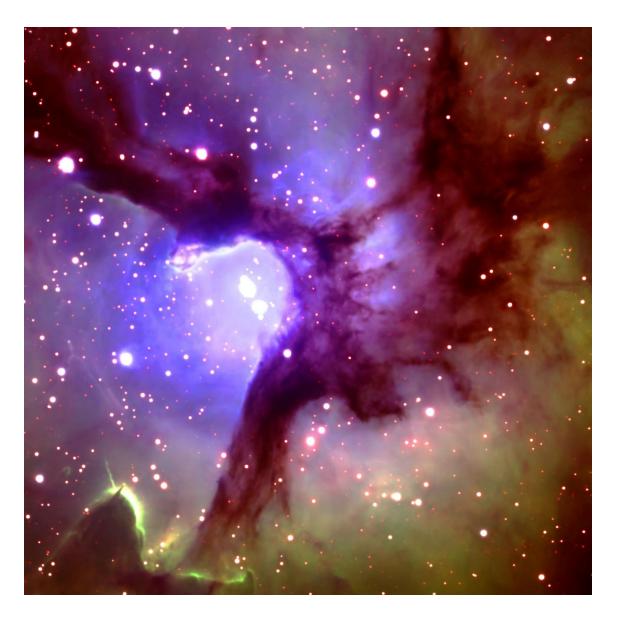


The omnipresence of the Infinite Mind carries great meaning for us individually. For it signifies that this Mind is not less present and not less active in us too. 25.1.23



When duality is blended with, and within, unity it is the true *jivanmukta* realization. The One is then experienced as the Two but known to be really the One. (P) 25.2.123

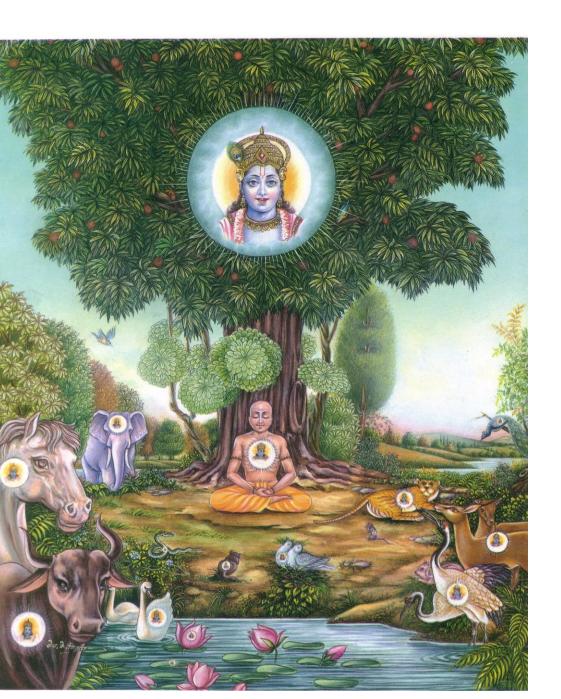
The cosmos is neither a phantom to be disdained nor an illusion to be dismissed. It is a remote expression in time and space and individuality of that which is timeless spaceless and infinite. If it is not the Reality in its ultimate sense, it is an emanation of the **Reality.** Hence it shares in some way the life of its source. To find that point of sharing is the true object of incarnation for all creatures within the cosmos. 26.1.179



We can not ever know the Divine which is Transcendent but we can acknowledge that it IS. We may however know the Divine which is Immanent, recognize, perceive, and feel its presence. 25.1.120

The ego to which we are so attached turns out on enquiry to be none other than the presence of World-Mind within our own heart. If identification is then shifted by constant practice from one to the other, we have achieved the purpose of life. 8.1.127



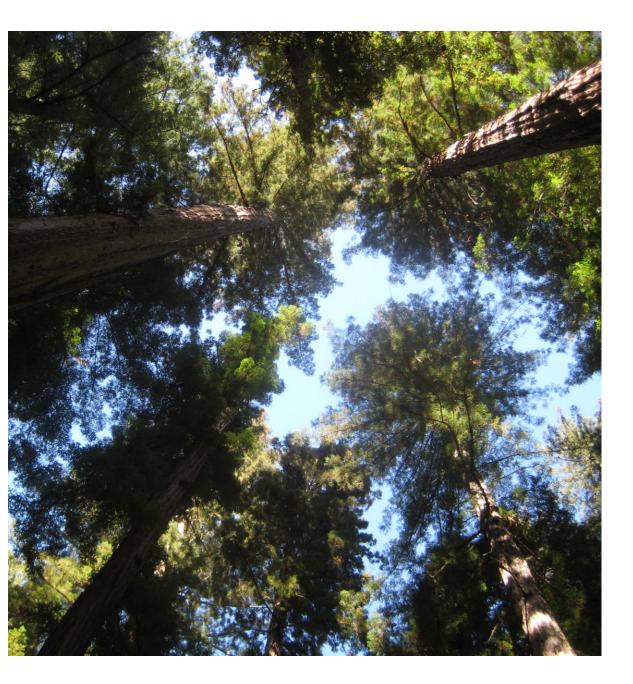


... the paradox, that the Overself is at once universal and individual ...It is both space and the point in space. It is infinite Spirit and yet it is also the holy presence in everyone's heart. 22.3.384

When the masculine and feminine temperaments within us are united, completed, and balanced, ... are brought together inside the person and knowledge and reverence encircle them both, then wisdom begins to dawn in the soul. The ineffable reality and the mentalist universe are then understood to be nondifferent from one another. 25.2.120



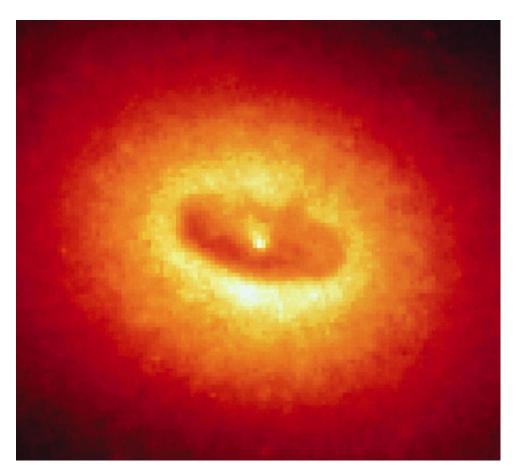
St. Francis of Assisi and St. Clare of Assisi ATTRIBUTED TO DI BODONE AND ASSISTANTS c. 1267-1337



The Universe is actually the Unconditioned revealing itself as if it were the Conditioned.

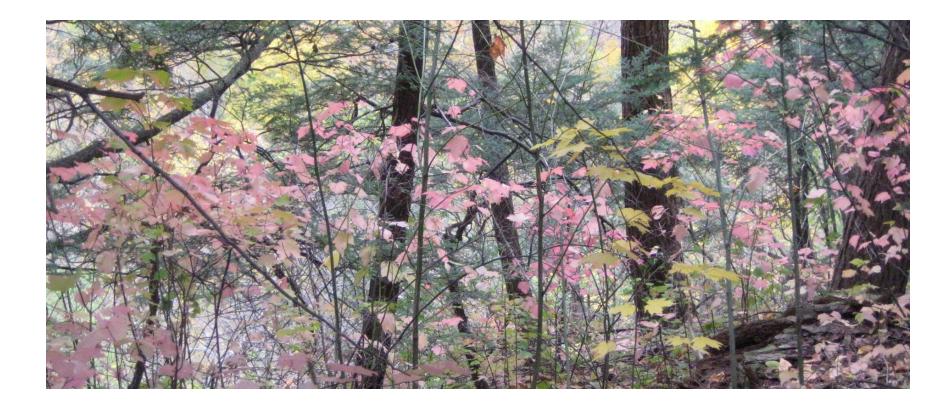
--26.1.196

That which is at the heart of all existence-the world's and yours-must be real, if anything can be. The world may be an illusion, your ego a fiction, but the ultimate essence cannot be either. Reality must be here or nowhere. 28:1.15

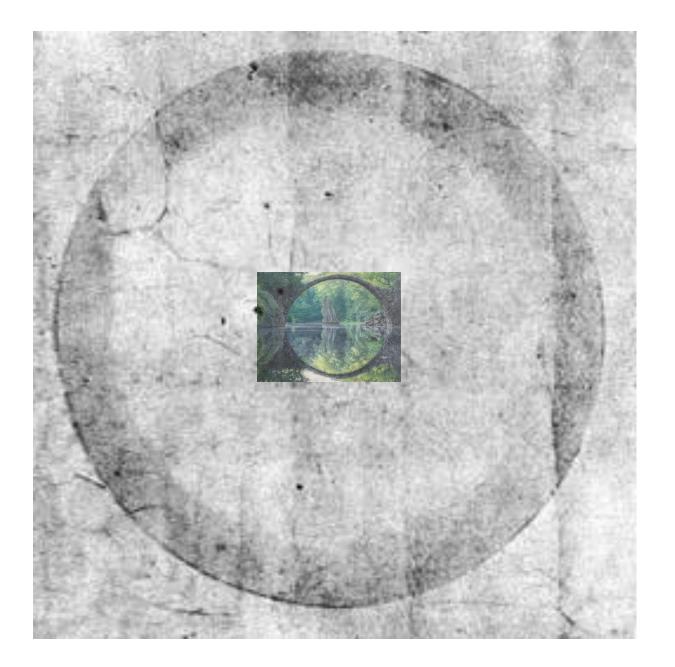




An everactive Mind within an ever-still Mind--that is the real truth, not only about God but also about man. 25.1.9



To practise the Short Path is to be aware of the miracle entailed in every moment of living. 23.1.115

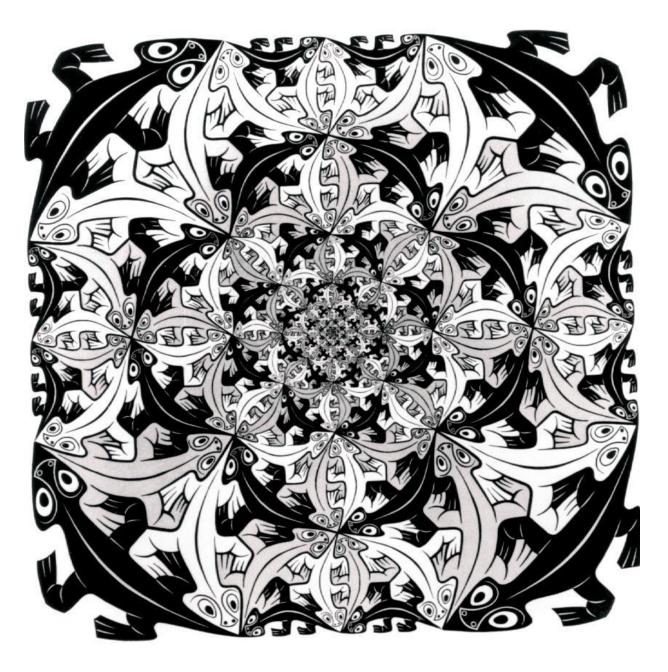


It is always there, the only reality in a mindmade world. 28.1.17

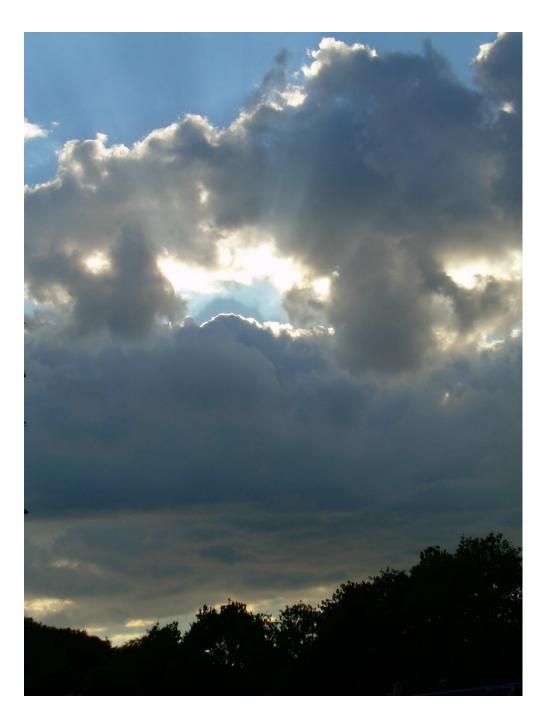
It is as incomplete a vision to see the world as transitory alone without its underlying reality as it is to see the reality alone without its manifestation as the world. The two are inseparably linked and true insight sees them as such not as opposed to each other... The Real and its expression through the World-Idea are, after all, not two rrevocably separate things but an unbroken unity. The Wisdom of the Overself ch. 12 "The Unveiling of Reality"



#### The Real is continuous with its appearance. <u>Wisdom of the Overself</u>



The mind must constantly give itself up to the idea of its own infinity. 82



He may use the ocean or sky as a starting point for concentrating, its character being one of unlimited stretch, but he should think of it as being within himself. 23.8.133 22

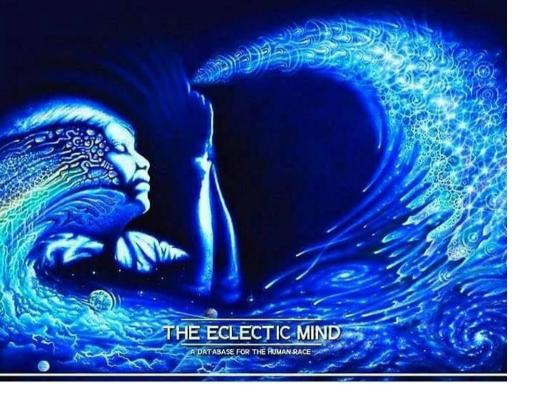
### WAVING



As waves come with water and flames with fire, so the Universal waves with us

#### Enlightenment is when a wave realizes it is the ocean.

- Thich Nhat Hanh -



Enlightenment-When a wave realizes it is the Ocean

AND WE ADD:

When wave recognizes it is the Ocean *Waving* 

When Ocean recognizes itself *as Waving.* 



"the gnana mudra," the gesture made by touching the tip of the forefinger with the thumb to form a circle. The inner meaning is that the ego (forefinger) is a continuation, a connection, or a unity with the Overself (the thumb). Only in appearance is it otherwise. (15:6.93)



After you have meditated on the nature of Mind in itself, you must carry the same meditation into the thought of Mind's presence within yourself. Thus you move from its cosmic to its individualized character. *23.8.141* 



"The God in the sun is the *I* in me"--this put tersely is the essence of man's relationship to divinity. A whole book may be needed to explain it, a whole lifetime to get direct experience of its truth as insight. 25.1.1

The little center of consciousness that is myself rests in and lives by the infinite ocean of consciousness that is God. The first momentary discovery of this relationship constitutes a genuine religious experience, and its expansion into a final, full disclosure constitutes a philosophic one. 25.1.31

#### Sombrero Galaxy • M104



Hubble Heritage

NASA and The Hubble Heritage Team (STScl/AURA) • Hubble Space Telescope ACS • STScl-PRC03-28

The universe is not only a thought of World-Mind, but is a "self-revelation" of the World-Mind. There is no real separation in nature of the universe as thought and the Mind which thinks it. <u>WOTO</u> Ch3



...Thus mentalism renders it easier to understand three great truths:

First, the universe is God made manifest.

Second, God must be immanent in the world just as our mind is immanent in every thought.

Third, because it has a mind behind it, the universe must possess a consistent meaning. <u>WOTO</u> Ch11

## **Dualities/complementarity**

#### 1/7 Self-awareness and the beloved other:

consciousness appearing as a person: be still and know; untangle awareness: approaching the beloved; windows and mirrors; four immeasurables

#### 2/8 Presence in body and power going beyond:

center and everywhere; boundary and no boundary; ground and sky: Judo and Karate

#### 3/9 Content and context: vessica and circles.

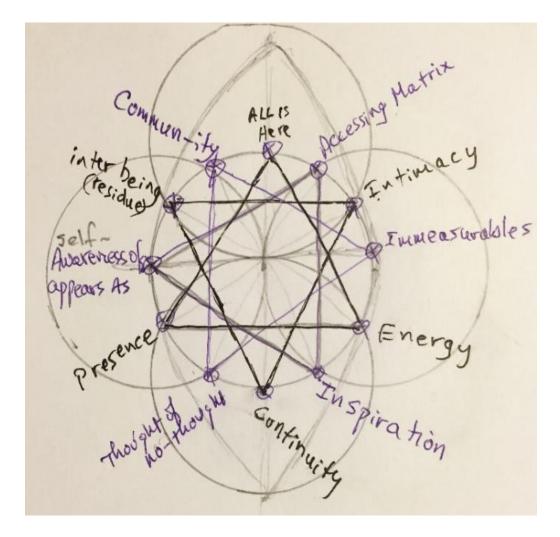
think deeply and put thinking aside; remember; praise the lord; rest in God Is.... God is isness... **4/10 Inner continuity and Discrete : here and now and Powers of Ten. Gold and Lion.** Tree rings; Seed of God; Inside-out

## 5/11 Autonomy and community: Unique and Universal.

name and no name; fall in love with yourself; Jewel net of Indra

# 6/12 Discerning and Dissolving: disentangling and integrating:

vibration: what you put out is what you get back; allow everything to be



## Dualities/complementarity

- Manyness
- Separateness: I and World
- Stillness and Activity // Passive and Active
- Masculine and Feminine
- Real and Appearance
- Formless (Emptiness) and Form
- One and Many // Unity and Duality
- Transcendent Mind and Immanent World-Mind