

Dear Friends of Philosophy:

Good to be with you this morning.
Here are a few notes and quotes from the morning.

First we played part b of Liszt Dante symphony. Here you can listen to a, b and c.

Liszt Dante a 2 min

Liszt Dante b 4 min

Liszt Dante c 3 min

Then we listened to Eckhart talking about *Be Still and Know*.

Eckhart "Be still and know" _

Then a conversation: we wake up in the morning and what do we think about?
What am I doing with my precious human consciousness today? Wonder. Awesome.
Appreciation... thank you ... for life... amazing
Praise the lord. Pray-sing. Why praise? Because you can.
And a great practice: Smile!
Yes. I Am. Whatever reminds you that you Are... a ray of the divine.

Find quotes that inspire you, use them, wake up and read them, or before you go to bed. It is not words to be figured out, but the inspiration that comes through the words.

Then we read the Hafiz poem I sent out Tuesday... on being invited to God's party... and we are *All* guests. Don't forget to include yourself as one. All 7 billion humans are conscious living being... appearing as a person with form and body/thoughts/karma. ...

Then: Marie read us the Proclus "Prayer of the Heliotrope." [*alternate translation in red*]
We read it carefully each line at a time. It is about Eros: the erotic attraction that we have for the divine—the spark of divine light in each of us, conscious living being appearing in/as/through a form that can express it, and eventually turn to the source.

The Prayer of the Sunflower (The erotic attraction of all is to the DIVINE) –Proclus

Each thing prays according to the rank it occupies in nature,
And sings the praise of the God [*the leader of the divine series*] to which it belongs...
For the sunflower [*heliotrope*] moves to the extent that it is free to move,
And in its rotation, if we could hear the sound of the air buffeted by its movement,
we should be aware that it is a HYMN to its LORD
Such as it is within the power of plant to sing.

A good discussion about the Heliotrope... and more... Eros, longing, is a union of Possessing and Lacking. If we did not already have some awakening of the spark of the divine in us, the “awakening of faith” we would not seek, long, go on a journey. If we already realize fully the divine there would be no need for seeking, we are That. So we are all flowerings, ripenings, of humanity.

Sufi master *Ibn Arabi* talks about ...you can only return to God through the Name by which God names you.

"Khidr leads each disciple to their own theophany, the theophany of which they personally are the witness, because that theophany corresponds to their “inner heaven”, to the form of their own being, their eternal individuality ('ayn thabita) [uniqueness]... which is that one of the divine Names invested in that ray of conscious living being you are, the name by which you know God and by which God knows you.... It is the form under which God reveals itself to itself in and through that person" --p.61 of Corbin Creative Imagination in the Sufism of Ibn Arabi.



We read a PB quote or two-- poems, quotes we read are on web here:

[Online 4/8/23 meetup Quotes and Notes](#)

Much Peace and Light. A