

**Lao Tsu: Tao-Teh Ching tr. *Stephen Mitchell***

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Do your work, then step back.  
The only path to serenity

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Open yourself to Tao  
Then trust your natural response  
And everything will fall into place

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The Tao never does anything,  
Yet through it all things are done.

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In the practice of Tao  
Every day something is dropped.  
Less and less do you need to do  
Until you arrive at wu-wei.  
When finally nothing is done (by you)  
Nothing is left undone.

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Every being in the universe  
Is an expression of Tao  
It springs into existence  
Un self-conscious, perfect free  
Takes on a physical body  
Lets circumstances complete it.  
That is why every being  
Spontaneously honors Tao:

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Since before time and space were,  
The Tao is. It is beyond is and is not.  
How do I know this is true?  
I look inside myself and see.