

***Here is a line from The Doctrine of Recognition***

We get involved in these ideas and are unable to get behind them to experience the stillness of the Self. .... This cannot be done by force, for that creates resistance. This can be achieved only by alert passivity, by relaxing the mind by not thinking of anything in particular, and yet not losing awareness. *Intro by Jaideva Singh, p.29*

***And a few paras from PB on recognition***

Whether enlightenment is reached by steps as an outcome of practice unremittingly done, or that it comes suddenly all at once, it must be a concept-free phenomenon, a dogma-less understanding, and a recognition of what always was, is, and will be. 25.2.54

The divine is actually within us and has been there all along--if we set out to gain knowledge of it. What then really happens should we succeed in doing so? A recognition and a remembrance! Why then all this fuss of studies and practices, exercises and meditations, flocking to gurus and labouring at self-improvements? Is it not enough to be our own teachers and to remember our own long-held wisdom? 23.1.33

Recognition is a prominent feature on the Short Path. The Overself is always there but only those on the Short Path recognize this truth and think accordingly. The world is always with us, but only those on the Short Path recognize the miracle that it is. In moments of exaltation, uplift, awe, or satisfaction--derived from music, art, poetry, landscape, or otherwise--thousands of people have received a Glimpse; but only those on the Short Path recognize it for what it really is. 23.1.114