

Eckhart Tolle: introduction to Stillness Speaks

(inspired words) help you remove that which separates you from the truth of who you already are and what you already know in the depth of your being.

The words are pointers ... That to which they (words) point is not to be found within the realm of thought, but a dimension within yourself that is deeper and infinitely vaster than thought.

What it doesn't say - but only points to - is more important than what it says.

Words spoken from presence have energy. Because the thoughts came out of stillness, they have power - the power to take you back into the same stillness from which they arose. That stillness is also inner peace, and that stillness and peace are the essence of your Being.

Intelligence is beyond thought, but includes thought

Whenever you feel inner peace arising as you read, the book is doing its work. Allow the book to do its work: It is always more helpful and more important to stop reading

Give up the desire to possess knowledge.

Deep value of words is to help us appreciate the mystery, not only to figure it out.

Words orient you on your journey, and in the realms beyond form.

Eckhart Tolle: "Flowering of Human Consciousness"

You listen to the words, the words are being decoded by your mind, the mind extracts the meaning from the words, but that is not the end of the words. Then the words go deeper into yourself, and what's left of the words is the energy of presence that they carry, they become carriers of that and then they awaken the presence in you. ... Are these just words? yes, the words point--to that.

...Allow the statement to work in you as a pointer, not as an explanation of the universe. Because there can be none. But it can work, like those beautiful words of the Upanisads, or whatever words arise here: pointing to the dimension of the formless one life, that is you: that dimension of stillness, within, that is vibrant with life but still. Extremely awake but still.