

AUDIO/music

[Hildegard Canticles](#)

[Liszt Dante a 2 min](#)

[Liszt Dante b 4 min](#)

[Liszt Dante c 3 min](#)

AUDIO/VIDEO meditations and pointers

[Eckhart "Be still and know" part 2 on Consciousness](#) audio/text ocean and wave... to 1:50

[ET: you are an emanation of God](#) *listen to 40 sec*

[Anthony: being that awareness 1 40 shorter](#)

[Tolle on consciousness as reality](#)

[Anthony: which is more real](#)

Web Youtube VIDEO brief clips

[Feynman on tininess//vastness](#) 30 seconds

Alan Watts: *Earth Peoples:*

<https://www.youtube.com/watch?v=vA3NLYQNDBQ> 1 min