

From Madame Guyon

After all, why do you meditate and pray? Do you come for the sweetness? Do you come because it is enjoyable to be in the Lord's presence? Let me recommend a higher way. Just sit in front of the divine to give love. Bring a full heart of pure love, a love that is not seeking anything for itself. As you come to the Lord to pray, do not come for spiritual enjoyment. Do not even come to experience your Lord. Then what? Come just to praise the Lord. (Just because you can!)

When you have come to the Lord this way, you will find that your spirit is at peace no matter what your condition. When you have learned to come to God with this attitude, you will not be upset if God withdraws from you. The times of spiritual dryness will be the same to you as the times of spiritual abundance. Why? You will treat them both the same. Because you will have learned to love God just because you love God, not because of God's gifts nor even for God's precious presence.

And take whatever comes to you as a gift of the divine. Be grateful. If dryness comes, then take that. If pain comes, take that. Because the sun is shining everything. By seeing separation, pain, joy, hunger, then we are not seeing underneath all this is non-separateness. Everything is already reality.