#### Eckhart Tolle part B: on meeting Crisis

## *TS:* I want to help create what you call the New Earth. What role could conscious manifestation play?

### **1.** Yes, acknowledge that people are crazy-- or what we want to say is unripe and unconscious.

ET: At times this mental illness, the collective unconsciousness of humanity, comes into the foreground and create an enormous amount of human suffering. We need to recognize that deep dysfunction, the deep unconsciousness, that makes human do these things.

your greatest contribution. Is your state of consciousness: Are you able not to succumb to either anger or fear? (or wanting) There's a third thing that you could feel is compassion for human suffering, and that is beautiful and wonderful

The question arises, is there anything I can do? Don't underestimate the importance of your state of consciousness. Your state of consciousness is connected to the totality of humanity on an unseen level. Don't underestimate the importance of staying. Conscious and present, as you observe the suffering around you. Yes, compassion may arise. Sadness may arise. But stay conscious and present and realize that what you are witnessing is a manifestation of where humanity is at present on its evolutionary path.

# 2. The rays of consciousness assuming a human form are going through an evolutionary journey: and these good, bad, and ugly events are all part of that ripening and growing, and eventual awakening. The individual is part of the collective Humanity.

ET: On another level, what we are witnessing is part of the evolutionary journey of humanity. Consider that the essence of who you are, what you are, is a ray of the one consciousness, a spark of consciousness, like a ray of sunlight, that assumes a particular physical form. The

But if you realize that. There is. There's an essence in every human being behind the physical manifestation that is not subject to death. Then from that higher perspective, what we are witnessing is a kind of nightmare that humans can awaken out of... and then you look back and said that was a dreamlike.

Part of the evolution of conscience is the awakening of human consciousness. The purpose of us being here is not only to witness, but to embody the awakening of human consciousness. It implies that before it awakens its asleep, it's in a dreamlike state. That's the egoic state, and that creates all the suffering that is created by the human ego, the individual ego and the collective ego, the nation or group of people creates a very painful dream.

### 3. Conscious evolution may involve intense pressure, and sometimes crises. A dream, nightmare can wake us up. Prior to awakening, we are in a dreamlike state.

ET: The crisis of humanity that we are experiencing is inseparable from the awakening of human consciousness. Suffering is that intense pressure under which consciousness evolves. That is a function of suffering.

It doesn't mean that we should not help on this dimension, wherever we can. It also means that we have compassion for humans that are still in the unconsciousness.

Stay present and conscious while this is happening. Do not succumb to fear or anger. They are totally pointless.

### 4. The essential aspect of the human, the conscious, living being, does not die: it is only the body that dies.

ET. So recognize the essence of who you are as a human being and the essence of every other human being--conscious awareness itself, which is not subject to death. The realization of immortality ultimately liberates you of course, from the fear of death. In essence, you cannot die, and no human can die. That's a wonderfully liberating realization. And that's why it has been said: "Die before you die." Which means die to the ego itself, the conceptual identity, the narrative and identification with the physical body.

So when you become aware of yourself as consciousness. You find death before death finds you. It's only the death of the person. The accumulated stuff in the human mind that you identify with the character that you play in this lifetime.

You realize there is no death. Eternal means timeless.

# 5. Awareness of yourself as consciousness is the end of the nightmare and the death of the ego identity. Once the dream has been seen through, suffering can be gone beyond.

ET: And then you are able to stay present when you contemplate what humans are doing in the state of unconsciousness. And then you can say what Jesus is supposed to have said on the cross. "Forgive them. For they know not what they do."

Which of course means they are completely unconscious. You recognize they are displaying behavior, that is caused by the present evolution in the illusionary state of humanity on its path towards awakening.

#### **PB:** Lose your life to Save your Life.

The declaration of Jesus that whosoever will save his life shall lose it, is uncompromising. It is an eternal truth as well as a universal one. It is needed by the naïve as well as by the sophisticated. Only those who, under the strain and struggle of quotidian existence in these difficult times, ardently yearn for the peace of self-forgetting can begin to understand the first faint echo of that satisfaction which losing one's life brings. It means in plainer language that those who seek salvation in some deep, hidden, and fundamental part of themselves have to make this firm resolution that the physical, the emotional, and the intellectual activities of the personal self shall count less. They will not be able to do that unless they desire salvation more than anything else in their lives. Jesus' statement means that they should seek to liberate the life within them from the very limited idea which the personal ego forms around it and within which it remains confined to the physical, emotional, and intellectual planes alone, and bring it to function also in the intuitive-spiritual plane. It means that the inexorable condition which the Overself imposes before it will reveal itself in all its beauty, its grandeur, its peace, and its power is that they should abnegate this unbalanced interest in the lower activities of this world in which they are so totally immersed. If this abnegation leads to the extreme point of withdrawal from the world then they must even be willing to obey and to take the consequences. But since it is fundamentally an inner thing, it does not necessarily lead a man to take this extreme step-so long as he keeps his inner life and being inviolable even whilst trafficking with the world.

Such an achievement may seem very far off from human possibility and indeed we find in history that not many have either cared, or been able, to realize it, for it is far too painful to the ego. But the metaphysical truths of successive rebirth on earth and of the unreality of time should give some comfort here. The first teaches a great patience while men labour daily at the task of remaking themselves. The second teaches that the Overself is even now ever present with all, that in the eternal Now there is no futurity and that theoretically the possibility of its realization does not necessarily belong to some distant rebirth. 8.4.230

The inability of little man to enter into the knowledge of transcendent God does not doom him to perpetual ignorance. For God, being present in all things, is present in him too. The flame is still in the spark. Here is his hope and chance. Just as he knows his own personal identity, so God knows God in him as the Overself. This divine knowing is continually going on, whether he is awake or asleep, whether he is an atheist or a saint. He can share in it too, but only by consenting to submit his intellect to his intuition. This is not an arbitrary condition imposed by theocratic whim but one which inheres in the very nature of the knowing processes. By accepting it, he may put the whole matter to the test and learn for himself, in due time, his other nonpersonal identity. 28.2.89