

Some thoughts and pictures on Surrender: 0214 2024

Some thoughts on the quote from I Am That

Surrender.

Pictures

Surrendering, gratefulness, praise the Lord

Tao 9: Do your part, then step back—the only way to peace.

PS: Some thoughts on the quote from I Am That.

M: Freedom means letting go. People just do not care to let go everything. They do not know that the finite is the price of the infinite, as death is the price of immortality. Spiritual maturity lies in the readiness to let go everything. The giving up is the first step. But the real giving up is in realizing that there is nothing to give up, for nothing is your own to begin with. ch 73

We have an idea that contents, thoughts, things, circumstances belong to us. We take things personally as if they belong to us, or are directed at us, Then we get some idea of "giving them up".

But we are participating in, accessing the vast, fabulous matrix of God/World-Mind.

Every thing, every content, every experience you have, really belongs to God. And so: none of it was really ours, personal, to begin with.

So the real *giving up* is not giving up what *is*, what is flowing through--but giving up our wrong view of what is, the unreal view that any of this really belonged to me personally.

And what is the status of realizing something was unreal--surrendering a wrong view? Wow, freedom.

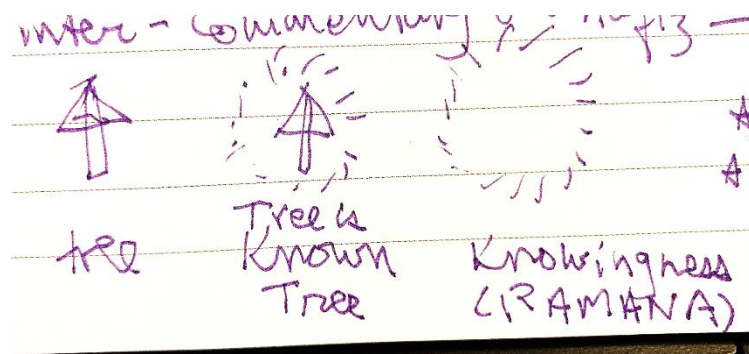
M: Whatever you may have to do, watch your mind. Also you must have moments of complete inner peace and quiet, when your mind is absolutely still. If you miss it, you miss the entire thing. If you do not, the silence of the mind will dissolve and absorb all else. Ch 47

Fana of fana. Dissolving the dissolving, letting go of the letting go.

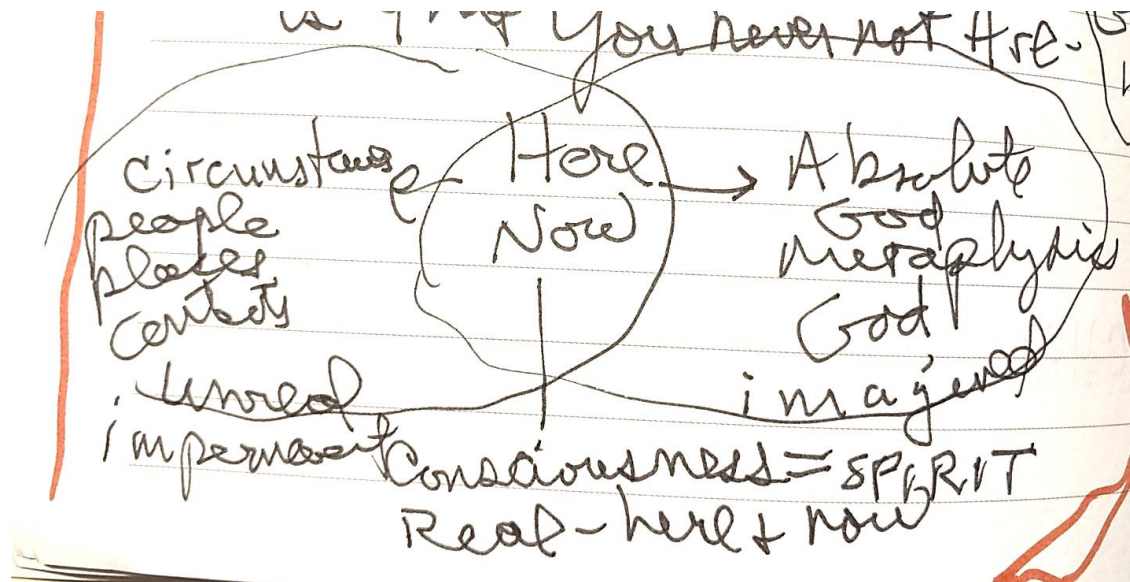
PB: even the desire to desert the world deserts us. (see also)

This experience of self-annihilation (*fana*, the Sufis call it) teaches several valuable truths, but the one which needs mention here is that whether you feel the Reality in an overwhelming mystic experience or not, what matters is that you should carry the unfaltering faith that it is always there, always present with you and within you. 23.7.151

Simple form two pictures: nothing is yours and everything is interbeing.



What a gift is life. Use the guest house for real. Not only life experiences and existences but LIFE itself! And bless all others on the dance floor. All are unique. All are holograms of whole. All are windows and mirrors.





Surrendering, gratefulness, praise the Lord
allowing remembering let everything be
shift identity from ego to Overself
Put down the baggage: let the train carry it.
Be still and know
give God remembrance—to Fathom the unfathomable.
don't let the contents usurp your attention.
having intention do it for the sake of doing, but no expectation
to act from love clarity is freedom to act from fear and desire is bondage.
Give up fear and desire. just give up the wrong view.
You are already as good as true and as beautiful as you need to be
Your problem is that you think you are what you think you are.
Move from *I know* to *I don't know*. You must unlearn what you have learned.
Take everything that comes as a gift from the Lord.
Attitude of Gratitude: Be grateful just for consciousness life being.

**Reverse: Surrender or alert passivity is needed where the inspiration comes and then we must surrender to IT: to let yourself be taken in.
Oh my! So happy you are on your journey.**

Change the current...

Surrender.

Instead of thinking about, trying to, wondering about, how to surrender, or what to surrender, **why not notice what is already simply always here in US?**

Is this any different from the I Am That advice to **just be?** **“Where is the difficulty? You are all the time anyway.”**

Surrender is letting go of the unreal. The real always is and can't be let go of or grasped.

So who or what surrenders? As PB says, it can only be the ego and in the end it is the ego that must surrender, even though it can never really surrender because it will not **be** anymore.

8.5.435 (later in here)

Surrender is not exactly giving up. It is letting go. It is shifting our identity from the old limited ego, finite person.

Surrender is, as Tolle says it, the shift from no to yes. *Play the audio?*

How does surrender compare to the simple resting in God is? 23.5.222

See the quotes on Wu Wei.

Surrender means the total *die before you die* of the local limited finite identification as the ego. And what it leads to is resurrection. Which is the shift in identity to being The Overself.

**SURRENDER IS COMPLETE ACCEPTANCE OF WHAT IS: IT IS YES TO IS
ALSO LOOK UP QUOTES IN A01 ON ASPARSA, TOUCH OF NO TOUCH**

NM: THE REAL SURRENDER: NOTHING WAS YOURS TO BEGIN WITH.

➤ **wu wei and tao and in the world not of it and time 25p HAS 222,202,228**

For which to be immeasurably grateful only the false self was gone.

Isn't the ego surrendered or giving up or get let go of every time there is a glimpse every time there is a shift from the local finite limited identity to vast open timeless Overself.

Every moment there is an opportunity because the ego was reborn again with each thought--really it is that which is to be given up surrendered abandoned let go of whatever words you want to use or just let it be. ET talks about changing no to yes this doesn't mean to accepting yourself as the ego stop wanting stop resisting or Nisarg is just be, nothing to do just be. Or as PB says, yeah that's great if you can do it when speaking about surrender.

I don't know... but is it so?... is also surrender...

**green highlight for 2/3/24 (but what do you want? What are your questions?)
and for Wednesday group**

Who are you without the mask?

Why think that you are not OK. Beautiful. True, good. Just as you are?

Practice makes a space that leads to freedom. The recognition we are already free. A simple image is the closed hand to the open hand.

This is what we need to let go of: fear and wanting... *replace with trust and faith*

Tao 9: Do your part, then step back—the only way to peace.

Do your part. What is your part? It depends on what you want and where you are on the journey. Who is the “you” will determine that too!.

PB Has a wide range of advice. So does. NM You need to listen for the small voice or the bell. What is relevant for me will not be relevant for you.

PB: The quest, The purpose of all this thinking to create a space that invites a response.

PB: No one else can do for a person what nature is tutoring you to do for yourself.

PB: The mental evolution and the spiritual evolution.

How can person fully express themselves unless they fully develops themselves? The spiritual evolution which requires us to abandon the ego runs parallel to the mental evolution which requires us to perfect it. 8.1.158

To act from love and clarity is freedom. And we need to act from reason and intuition.

The obstacles to realization are greatly affected by practice. NM

No effort can get the overself, but every effort is needed to remove the veils. 22.3.9

You made the mess. You clean it up. NM

When effort is needed, effort will arise. Just let yourself go with it. NM

And anyway, all you're doing is a response, not a cause. Grace Essay

And anyway, you're doing is never the ego doing alone, and when it is, that's not the effort that's being talked about.

And anyway, isn't that one of the main parts of growing up is knowing what's my business?

Do. Don't overdo. No try --do. Doing non doing.

Being grateful, Praise the Lord.

There is nothing to do, just be. Yes, it's true if you can do it. Or rather not do it.

Thy will be done--in through and by me. 18.4.33

Exercise 4 the willed meditation on the infinite observer loosens all the links of the chain. The passive submission to time keeps us in bondage.

When you walk through the storm, you never walk alone. Footsteps in the Sand story.

Stop. Remember. Realize. Am I aware? Direct path. *See the self talk. After 2024 0117 a few*

Just be. Or you must be extreme. Or inquire. Or he made the mess. 4. The obstacles are greatly.

Affected. Willed meditation on the Infinite Observer. Reading. Not altogether worthwhile.

Change the current from taking to, giving gratefulness. Gratefulness. Acceptance. And wu wei. Change No to Yes. What a gift.

23.5.214 That would be ego doing. **Wu-wei file** 23.5.206. Mounting the dragon.

WEI WU WEI Like a bird fluttering in a cage.

The Willed Meditation on the Infinite Observer from exc. 4. *# 10 meditations on mind - A01 REDOING 2023 0714 rev 2023 1228 45p*

So is dying something we do or something that's done to us? You have to be ready for dying. But when you're ready, you don't do the dying. It's done. die before you die

Barbara: Yes. that's what I went through with this accident. It was to live or to die