## **Overself's Flow:**

Consciousness appearing as the person seeks itself. This is its quest. But when it learns and comprehends that it is itself the object of that quest, the person stops not only seeking outside himself but even engaging in the quest itself. **Henceforth they let themselves be moved by the Overself's flow.** 23.1.3

The first line is a wonderful summary of what we are: consciousness appearing as the person. The last phrase describes how we can be open to the luminosity of the Divine: let ourselves by moved by the "Overself's flow." This flowability of Reality is Love, Joy, Awe, Compassion, Peace, Intelligence... inspiration.