

# Unit of Life/Unit Soul

Overself is the inner or true self of man, reflecting the divine being and attributes. The Overself is an emanation from the ultimate reality but is neither a division nor a detached fragment of it. It is a ray shining forth but not the sun itself. 22.3.319

# ***UNIT OF MIND***

**The unit of mind is differentiated out and undergoes its long evolution through numerous changes of state, not to merge so utterly in its source again as to be virtually annihilated, but to be consciously harmonized with that source whilst yet retaining its individuality. 25.2.204**

**AD: Extraordinarily Beautiful**

***uroboric unit of life audio/text 3 min***

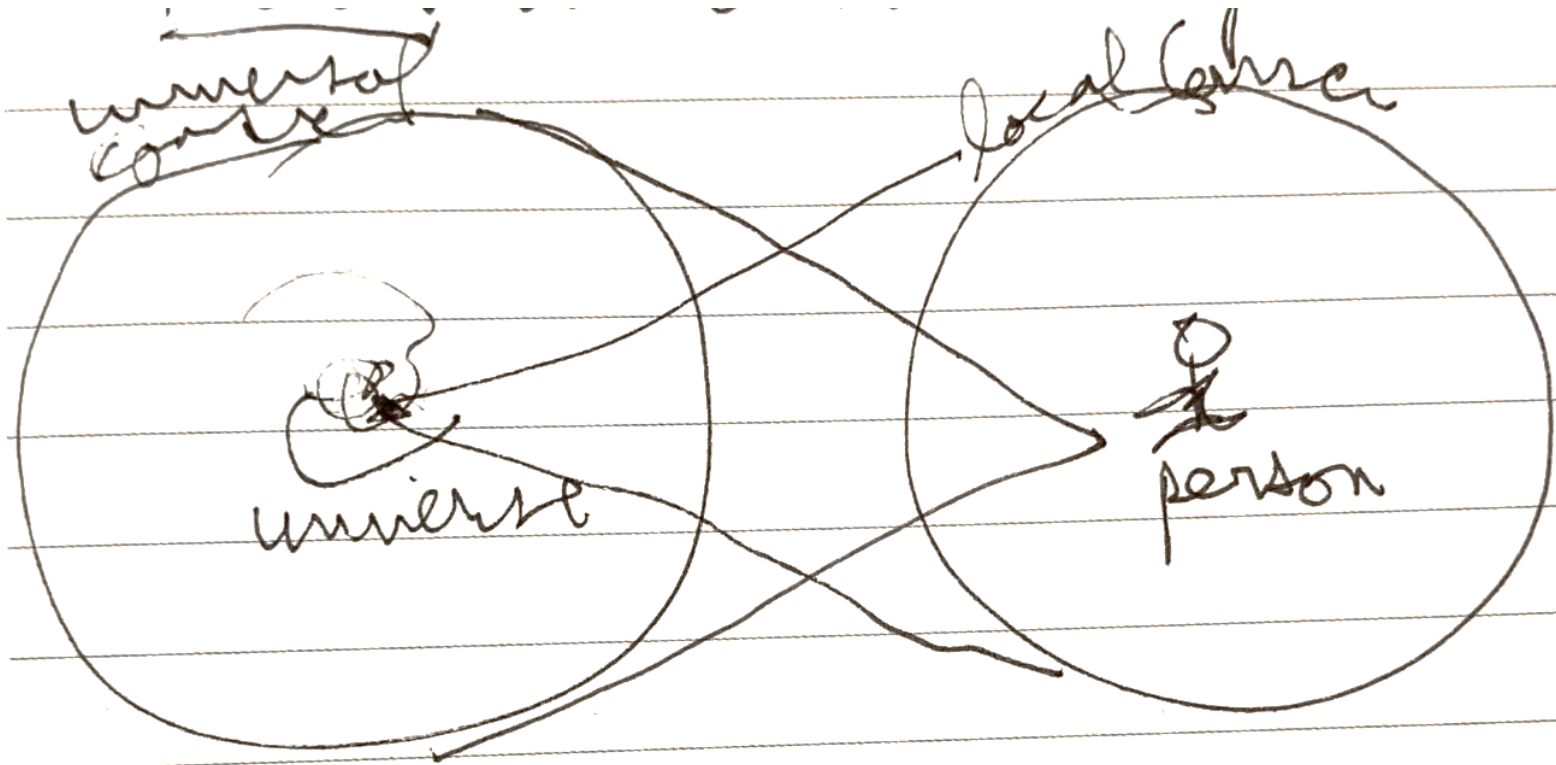
**PPT: unit of life pp Astrosophia:**

Double nature of ego

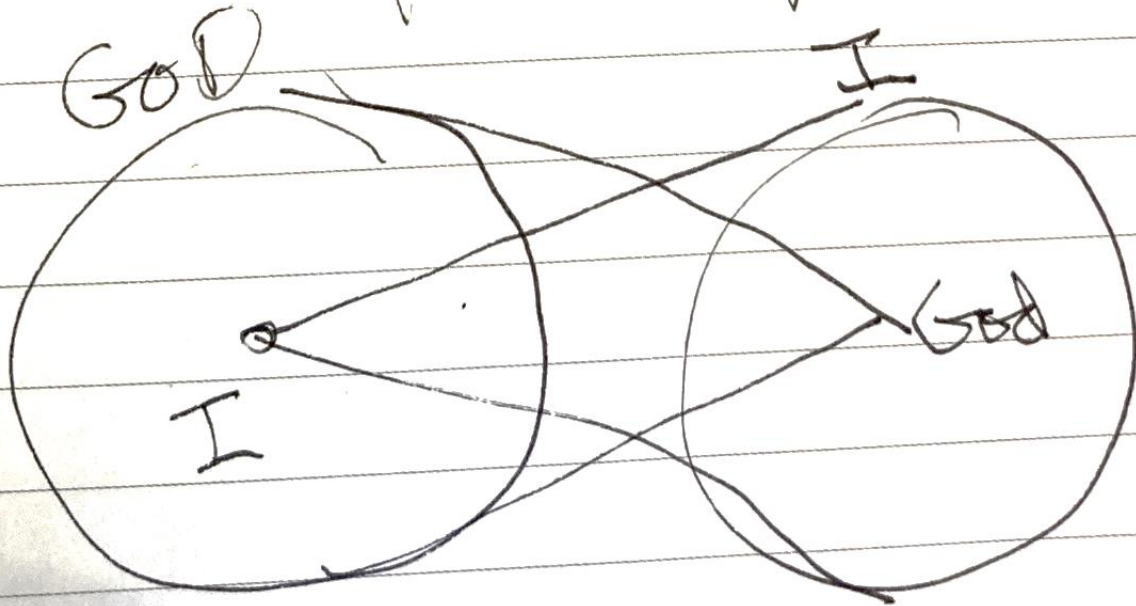
Double nature of oneself

We are here not 2-fold

Each is + is not ~ ego + sou



Picture for Linda



The mysterious character of the Overself inevitably puzzles the intellect. We may appreciate it better if we accept the paradoxical fact that it unites a duality and that therefore there are two ways of thinking of it, both correct. There is the divine being which is entirely above all temporal concerns, absolute and universal, and there is also the demi-divine being which is in historical relation with the human ego. 22.3.386

... If it is thought of as the human soul, then the vibratory movement is connected with it. If it is thought of as transcending the very notion of humanity, and therefore in its undifferentiated character, the vibratory movement must disappear. 22.3.390



In its eternal and inviolable nature, Overself is inseparable from the eternal divine Mind. As emanating, individuating, we speak of a unit of life, unit of mind, unit soul... Jivatma. Overselfing is the flowability of reality, the unification of reality. A unit of mind or unit of life, or unit soul is an emanation- ray of the Divine Sun, a drop of the ocean of consciousness, a unique facet of infinite diamond. Just as each star is all blazing light but has a unique spectrum, so each unit soul has a uniqueness—called divine Name, or divine idea. Example: Dalai Lama is Avalokitesvara personified. All have the name “I Am”... and each is the divine expressing itself uniquely. So metaphysically, unit of life is intermediary between Overself and ego-self. It is the life-to-life relation or continuity of Overself to vehicles.

It is also the “witness”... described very well in “The Secret of the I”. See later.

For me this concept of the unit of life or life to life consciousness is central to understanding the whole philosophic unfoldment. It is the presence that gives meaning to the individual center of experience. And it is what connects us with the unimaginable, awesome divine. It is paradoxical and uroboric. It is both indivisible and divisible. It is a transformer and transformed. It is accessing and expressing-- both the world idea of becoming perpetually and the infinite eternal divine idea that you are, that is being expressed through the center of unique experience. It is a ray of the divine sun, but not the whole sun—it is the nature of God to unquify itself.

It is part of the evolutionary journey through the cosmos and space and time, and it is also eternally beyond it. It is in the world, but not of it. It is transcendent and also imminent in and through the cosmos. It is *conscious living being* appearing as a person. Life to life consciousness. And it is a great mystery. Too complicated to figure out. And we are all on God's dance floor. When you remove the filters, you will see that God is right there in front of you, shining through the forms and shining through the knowing of the forms.

***Please check out some of these excerpts of AD and PB on LIM Web!***

**Overself Nature from The Notebooks of Paul Brunton.; Has My  
Comments**

**Soul Double Nature: Inviolable and Becoming;**

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**Soul Double Knower: Insight and Understanding AD from classes**

**UNIT OF LIFE: a story AS intro**

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journey**

**AUDIO EXCERPT FROM ANTHONY DAMIANI COMMENTS click here**

**From The Notebooks of Paul Brunton on the Unit of Life *has*  
25.2.204**

**ANTHONY ON 360 and I thought audio/text 2 minutes**