

the Yoga of the Uncontradictable

An illusion may be contradicted by subsequent experience; an appearance may be denied by enquiry; *but the Reality can never be negated in any way, nor the Truth contradicted.*

Therefore the method of cultivating the higher faculty of the mind which blooms into such deeper unshakable insight bears the traditional name of 'the Yoga of the Uncontradictable.' At the bottom of all the stream of thoughts the philosopher perceives always the divine Thought. Without falling into trance, without closing his eyes, without shutting his ears and without folding his legs like the ordinary yogis, he successfully keeps his awareness of the immaterial formless matterless reality. When he can transcend the need of trance he arrives at the perception that the differences between Thought and thoughts, the distinctions between Mind and its manifestations exist only from the standpoint of human beings and not in these things themselves; that **everything is gathered up in a sublime unity in God; that everything is a manifestation or representation of reality, and that in very truth the whole world is a showing-forth by God.** *From TWOTO: Ch. 15*

We are meditating on something which will not arise and disappear, as ideas do and as material forms do, on something which is not ephemeral. Because that which vanishes contradicts its own arising, we seek for that which does not contradict itself. Hence this kind of meditation which brings contemplation into action, sleep into wakefulness, has been called by the ancients "The Yoga of the Uncontradictable." 23.8.178

To the person who has come along the path of loving devotion to God and finally gained the reward of frequent, joyous, ardent, inward communion with God, equally as to the person who has practised the way of mystical self-recollection and attained frequent awareness of the Overself's presence, an unexpected and unpalatable change may happen little by little or suddenly. God will seem to withdraw from the devotee, the Overself from the mystic. The blisses will fade and end. Although this experience will have none of the terror or isolation and misery of the "dark night" it will be comparable to that unforgettable time. And although it will seem like a withdrawal of Grace, the hidden truth is that it is actually a farther and deeper bestowal of Grace. For the person is being led to the next stage--which is to round out, balance, and complete their development. This they will be taught to do by first, acquiring cosmological knowledge, and later, attaining ontological wisdom. That is, they will learn something about the World-Idea and then, this gained, pass upward to learning the nature of that Reality in whose light even the universe is illusion. Thus from study of the operations of the Power behind the World-Idea they pass on to pondering on the Power itself. **This last involves the highest degree of concentration and is indeed the mysterious little practised Yoga of the Uncontradictable. When successfully followed it brings about the attainment of Insight, the final discovery that there is no other being than THAT, no second entity.** 22.8.24