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[on "Overself and unit soul-unit of Mind-jivatma"]

In its eternal and inviolable nature, Overself is inseparable from the eternal divine Mind. As emanating, individuating, we speak of a unit of life, unit of mind, unit soul... Jivatma.

Overselfing is the flowability of reality, the uniquification of reality. A unit of mind or unit of life, or unit soul is an emanation- ray of the Divine Sun, a drop of the ocean of consciousness, a unique facet of infinite diamond. Just as each star is all blazing light but has a unique spectrum, so each unit soul has a uniqueness—called divine Name, or divine idea. Example: Dalai Lama is Avalokitesvara personified. All have the name “I Am”... and each is the divine expressing itself uniquely.

So we have the ego-person in space/time. We have the witness life to life unit of life in perpetual unfoldment. We have the eternal nature of Overself. And the ineffable timeless ultimate Reality itself. We could say that the witness is the functioning of the Overself in relation to the World-Idea and the core of the individual centers of experience. As such it is the background witnessing awareness, not only lights up the experiences, but holds the distilled essence, and provides intuitive luminosity (the only source of real joy, inspiration, intelligence), and also the immediate intimate sense of I-consciousness. As PB says: it must hold the distilled essence of life-to-life experiences: good, bad, ugly. Emotional residue of undigested experience.

Paradoxically, or Uroborically, the World-Mind expresses itself as the entirety of World-Idea and also as infinite number of Rays. These units of life are like the rays from the Divine Sun - each unique expressions of the divine. God or World-Mind expresses itself uniquely through each individual center of experience —through these centers of experience, the world-idea is being manifested and accessed, and also the inner reality of the soul is being expressed.

So the soul or overself is the flowability of reality. Overselfing is the uniquification of reality. It is a ray of the Divine Sun, a drop of the ocean of consciousness. And it is a unique ray, includes a unique divine name or divine idea. It is God or world-mind expressing itself uniquely through each individual center of experience —unit soul or jivatma. And paradoxically, through these centers of experience, the world-idea is being manifested and also the inner reality of the soul is being expressed and accessed. The unfolding ray or unit of life goes through these various levels of the spectrum of the world idea and comes here to Earth to experience the world through burning center of experience. So we have. Conscious, living, being appearing as a person. And then through that experience you become wisdom—transformer and transformed. And you unfold the wisdom which is intrinsic to the unit soul. So double knower is essential.

PB notes:

Evolution is guaranteed because some fragment of the cosmic mind is itself the life-force which strives upward through all the muffling veils of the four kingdoms of Nature... [TWOTO WM para 52]

26.4.253-257

...The "I" differentiated itself out of the infinite ocean of Mind into a distinct individuality after a long development through the diverse kingdoms of Nature. Having thus arrived at consciousness of what it is, having travelled the spiral of growth from germ to man, the result of all this effort is certainly not gained only to be thrown away....

...Evolution as metalistically defined by philosophy is not quite the same as evolution as materialistically defined by Darwin. With us it is simply the mode of striving, through rhythmic rise and fall, for an ever fuller expansion of the individual unit's consciousness. However, the ego already possesses all such possibilities latently. Consequently the whole process, although apparently an ascending one, is really an unfolding one. 26.4.257 (use all of it too!)

26.4.63: on the idea of man

The ideas in a man's mind are hidden and secret until he expresses them through actions, or as speech, or as the visible creations and productions of his hands, or in behaviour generally. Those ideas are neither lost nor destroyed. They are a permanent part of the man's memory and character and consciousness and subconsciousness, where they have been recorded as automatically and as durably as a master phonograph disc records music. Just as a wax copy may be burnt but the music will still live on in the master disc, so the cosmos may be annihilated or disintegrate completely but the creative idea of it will still live on in the World-Mind. More, in the same way a man's body may die and disintegrate, but the creative idea of him will still remain in the World-Mind as his Soul. It will not die. It's his real Self, his perfect Self. It is the true Idea of him which is forever calling to be realized. It is the unmanifest image of God in which man is made and which he has yet to bring into manifestation in his everyday consciousness.

AD: unit soul

Each unit soul has an inviolable sanctity, in the sense that it is an image of God. But that it can be individuated and determined and fulfill a certain potential which is in the Mind of God, I think is a concept which is extraordinarily beautiful. . . 1/6/84

AD: ... think of wisdom in the sense that the mind is destined to become the universe...in the process of mind becoming the world, it assimilates a certain wisdom that is inherent in the world.... Wisdom is the recognition and application of that: your mind becoming the universe. 1/4/84 part of audio/text here:

AD: So, this transcendent being which is our I AM, in order to know something about the Nous, the World- Idea, sends its offspring into the World-Idea, to evolve along with it. . . The richness, variety, and incomprehensibility of the World-Idea will satisfy individuals at every level. There's a deepening, an inwardization, a widening, a comprehension of the World-Idea. . . .

B: That would account for the unfolding of individual consciousness

AD: Yes...That traversing through the realms of nature develops and unfolds that individual consciousness, brings it out more and more. In other words, the very experience of the world forces the consciousness of an individual to evolve, the faculties to get developed. 3/9/84

check out some of these excerpts of AD and PB on LIM Web!

[Overself Nature from *The Notebooks of Paul Brunton*](#); *Has My Comments*

[Soul Double Nature: Inviolable and Becoming](#);

[MORE WONDERFUL EXCERPTS FROM 03/09/84](#)

[Soul Double Knower: Insight and Understanding](#) AD from classes

[UNIT OF LIFE: a story](#) AS intro

SEE ON WEB: [Unit of Life = ppt 9 slides + PPT: unit of life pp Astrosophia](#):

[YOU BECOME WISDOM: Eight themes on Soul's evolutionary journey](#)

[AUDIO EXCERPT FROM ANTHONY DAMIANI COMMENTS](#) [click here](#)

[From The Notebooks of Paul Brunton on the Unit of Life](#) *has 25.2.204*

[ANTHONY ON 360 and I thought audio/text 2 minutes](#)

See files -G WITNESS DEFINITIONS WEB LINK and my comments

[Witness Definitions](#) --- and my comments [Witness PPT latest](#)

[Unit of Life ... original shorter](#)

[Unit of Life PPT latest](#) 12 slides

[On Consciousness PPT pointers to other files](#)