

***I Am
Being***



***Awake
Awareness***

***Intimate
Being***



***Omni-
Presence
Awareness***

***Inter-
Being***



***Loving
Awareness***

***Universal
Being***



***Primordial
Awareness***

1. Primordial A with Sound, Rays, Lights

Consciousness appearing as a person.

“You are that awareness disguised as a person” ET

Everything is the light of awareness and everything is a sublime vision of Vairochana’s Buddha-mandala.

-- yet distinct samadhis, are distinguished as separate visions of light.

The Vairochana buddha-mandala ... is a vision of light; the buddha deities, whether conceived in their psychological actuality or in their symbolic anthropomorphic form, are lightforms.

Dowman

2. Mary: Buddha

Sacred Womb and Seed

Compassion

3. Dancing Siva-Sakti

An ever-active Mind within an ever-still Mind--that is the real truth, not only about God but also about man. *NOTEBOOKS 25.1.9*

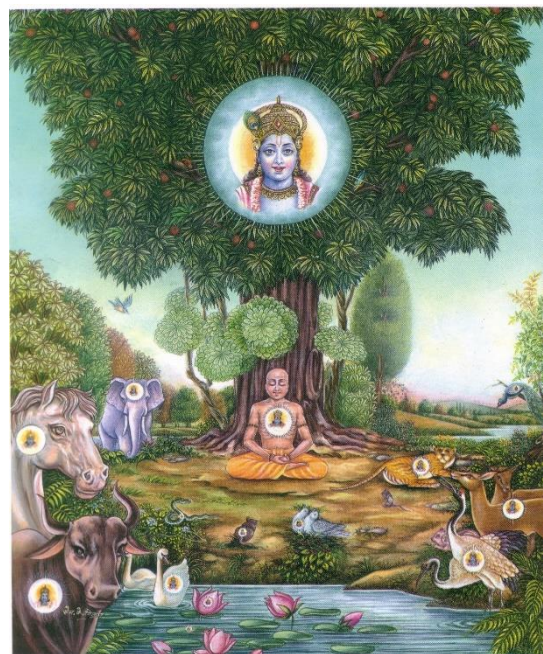
Whoever seeks aright finds the sacred stillness inside and the sacred activity in the universe.
26.1.220

4. Omni Presence: MC

... The World-Mind is hidden deep within our individual minds. The World-Idea begets all our knowledge. Whoever seeks aright finds the sacred stillness inside and the sacred activity in the universe. 26.1.220

This is the paradox, that the Overself is at once universal and individual. It is the first because it overshadows all people as a single power. It is the second because it is found by each within themselves. It is both space and the point in space. It is infinite Spirit and yet it is also the holy presence in everyone's heart. 22.3.384

The uniqueness of each person, his difference from every other person, may be metaphysically explained as due to the effort of Infinite Mind to express itself infinitely within the finite limitation of time and space, form and appearance. 25.1.157



Essence: How to come to awareness of and oneness with...

Can we “be aware of the miracle entailed in every moment of living.” 23:1.115

...The world is always with us, but can we “*recognize* the miracle that it is...” 23.1.114

FOUR AWARENESS, SIMPLES, PROFOUND, IMMEASUREABLES

A. Awake: So intimate: I AM: *recognize I Am Awareness.*

ET: you are that awareness appearing as a person.

PB: whoever traces consciousness... otherwise known as God.

A. INTIMATE: Wisdom says: none of this.

never not here. Overself IS: and you are That.

Plotinus: Neti-Neti and Re-member

I-Am; Be still and know; Aw of Aw; Many moments remember; shift ID.

So Intimate that we can't take it out and look at it, so **we overlook it...** “We are as near to, or as much in, the real Self, at every moment of every day as we ever shall be. All we need is awareness of it.” ... so ***Recognize you are that awareness appearing as a person.***

St. Francis: what you are looking for is what is looking..

Nisargadatta: realize you are the ocean of consciousness in which all this appears: a little inquiry and you will see there is nothing outside of consciousness.

B. Primordial: So formless you can't understand: *Wonder-full. Awesome Oh My Mystery. stop trying to figure it out*

Longchenpa: four profounds: Ineffable, Open, Spontaneously Present, Unific.

Plotinus:

Reality is Transcendent beyond being and knowing Ineffable no thing.

Reality is Infinite in fathomless depths of power.

Reality is omnipresent: “though it is nowhere, nowhere is it not”

Reality “Overflows”... Glows... Nothing in it, everything from it.

Reality is Unific, Active and Passive, Cause of the Cause.

C. MYSTERY of Mind Itself

Meditations on Mind

The momentary... between thoughts... mind the Gap...

Philosophic meditation... Asparsa...

So formless you you can't grasp it, you can't get it: ***Awesome. Oh My. Ineffable Mystery.***

a great Master said "Don't meditate: only put your mind in the state of natural vast repose."

stop trying to figure it out. What then really happens should we succeed in doing so? ***A recognition and a remembrance!...***

C. Love: So Good: So just *SMILE* and say Yes. Let Be. Joy.

Four Immeasurables: Love, Compassion, Joy, Equanimity.

PB: 23.5.222: "come to a quiet rest in the simple fact that *God is*"

D. ALL GOOD

Where we meet reality:

Presence in every moment

Fana of Fana

In the world but not of it.

Opaque→translucent→luminous

So Good*, all good no matter what happens: So just *SMILE* and say Yes--make a space for that luminosity also called grace. **Let Be. Joy. Love*

"In finding the godlike within ourselves, we find also the Good. And from that stems forth goodwill toward all..." **SMILE**

D. Presence: So pervasive: *Appreciate*: be grateful for conscious living being. *Praise* the Lord.

NM: see that nothing is outside Ocean of Consciousness

B: ALL PERVASIVE

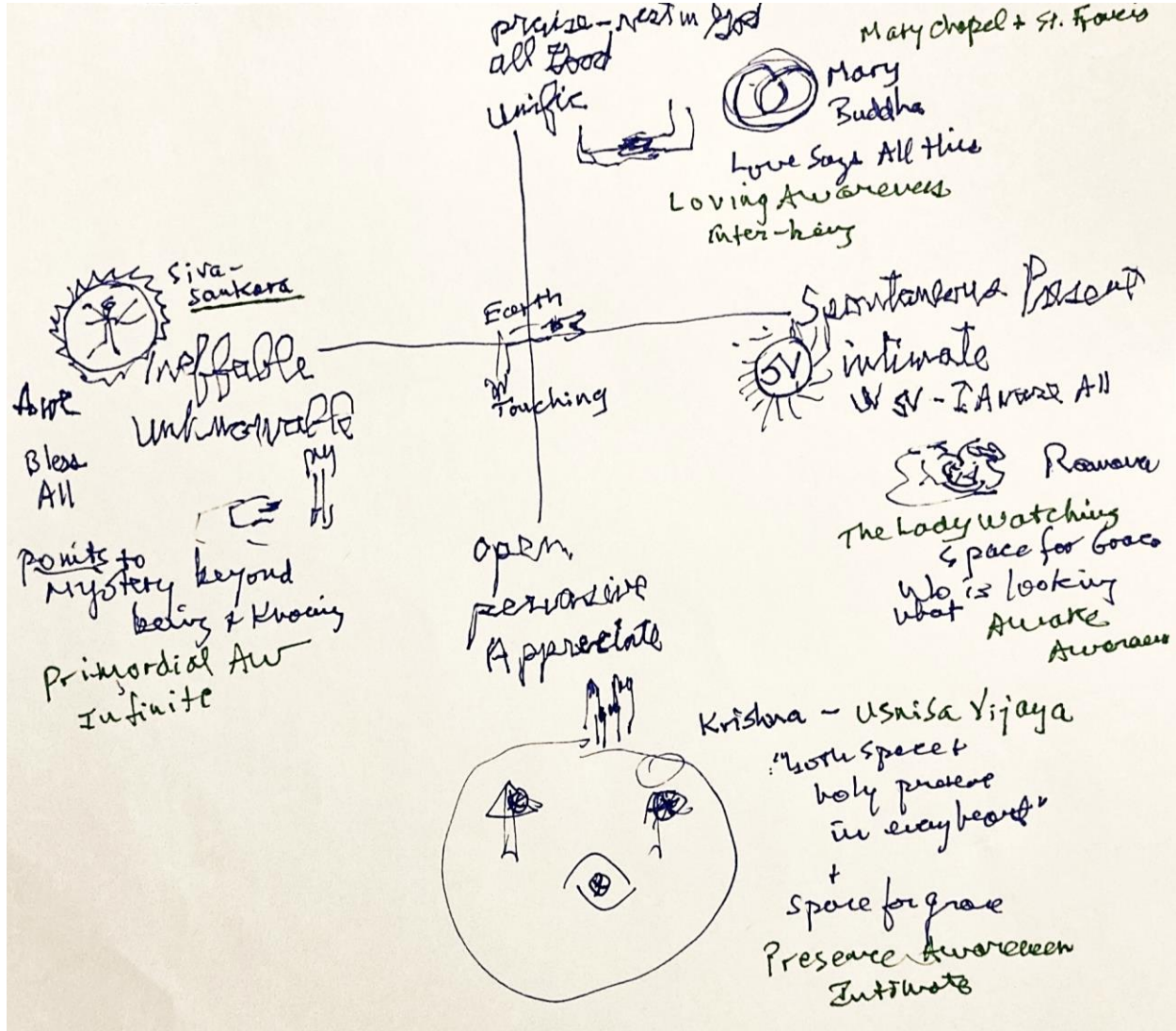
Rest in God Is. Love says "All of this."

Change the current from taking to giving

Surrender

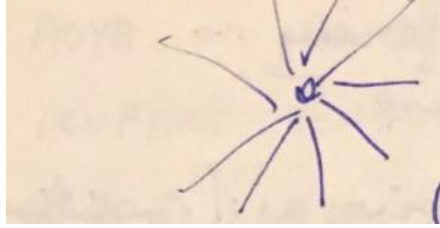
So pervasive* we take it for granted: So we could begin by *appreciating* the Miracle of Existence: **be grateful for conscious living being.** The fact that we're alive is already graced. Isn't that amazing? **Praise!*

“Because what we seek is ours already, because the Real Self is always here and now, there is in reality no quest to follow, no path to travel, and no goal to reach.”



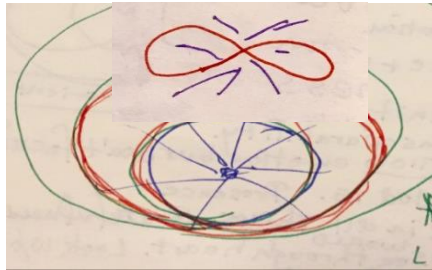
My Four Gates Mandala

***I Am
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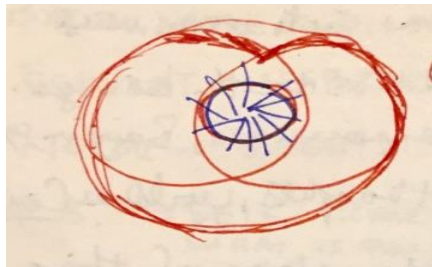
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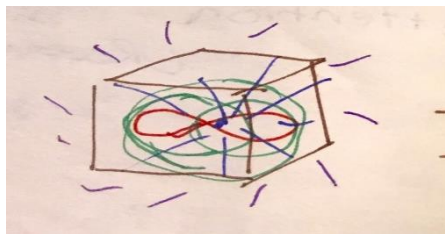
***Presence
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***Spacious
Awareness***