

Overself is continuity of reality and appearance: 22.3

Overself is the inner or true self, reflecting the divine being and attributes. The Overself is an emanation from the ultimate reality but is neither a division nor a detached fragment of it. It is a ray shining forth but not the sun itself. 22.3.319

If the real Self must have been present and been witness to our peaceful enjoyment of deep slumber--otherwise we would not have known that we had had such enjoyment--so must it likewise have been present and been witness to our rambling imaginations in dream-filled sleep and to our physical activities in waking. This leads to a tremendous but inescapable conclusion. We are as near to, or as much in, the real Self, the Overself, at every moment of every day as we ever shall be. All we need is awareness of it. 22.3.25

From the ordinary human point of view the Overself is the Ever-Still: yet that is our own conceptualization of it, for the fact is that all the universe's tremendous activity is induced by its presence. 22.3.192

It is that part of us which is fundamental, real, undying, and truly *knowing*.

There is a knowing element in us, the real knower which makes intellectual knowing possible and which is Consciousness-by-itself. 22.3.208

Do not insult the Higher Power by calling it unconscious; it is not only fully conscious but also fully intelligent. Your real Self, which is this power, needs neither commands nor instructions from the physical brain. 22.3.247

SEE ALSO 22.3.

3,4,9, 20, 23, 25, 31, 35, 50, 58, 60, 61 240-250, 221, 224, 234, 220, 211, 208, 195, 203, 190-192, 177, 184, 186, // 410, 338, 337, 330, 328, 327, 323-324; 303-319,;

And: don't forget the fabulous summary of the "Unit of life"... click for
26.4. [256](#) 26.4. [257](#)

9.1.181 on reincarnation... [181](#)