

PPT: 1-12 combined for 1207 rev 1-1-25 JUST 30 GROW UP AND UNIT OF LIFE has THEMES from 2024. Has Wake and Grow and Grace. *Sl 3-18, +*

The twofold way is indispensable: on the one hand the way of self-effort, working to overcome the ego, and on the other the way of Grace, through constantly remembering our true identity in the Overself. 23.5.193

You can read [a few PB notes on *Where we meet God* *sl 31-38*](#)

The little center of consciousness that is myself rests in and lives by the infinite ocean of consciousness that is God. The first momentary discovery of this relationship constitutes a genuine religious experience, and its expansion into a final, full disclosure constitutes a philosophic one. 25.1.31

You can read/listen click-- [TOLLE on you are universal 1 min](#)

You can read/listen 2 min: [ET: you are an emanation of God](#)

➤ **audio text—consciousness *has those and also:***

➤ [Tolle Am I Aware](#)

➤ [# 04 AD which is more real](#)

➤ [# 03 AD being that awareness 2min 140](#)

[Blessing from PB](#)

[you can read Nisargadatta-- click here:](#)

Q: How do I get at it?

M: You need not get at it, for you are it. It will get at you, if you give it a chance. Let go your attachment to the unreal and the real will swiftly and smoothly step into its own. Stop imagining yourself being or doing this or that and the realization that you are the source and heart of all will dawn upon you. With this will come great love which is not choice or predilection, nor attachment, but a power which makes all things love-worthy and lovable. [I Am That Ch 1](#) **SL**

M: To act from desire and fear is bondage, to act from love is freedom. Ch.94

Q: Who is the conscious living being?

M: Your questions contains its answer: a conscious living being is a conscious living being. The words are most appropriate, but you do not grasp their full import. Go deep into the meaning of the words: being, living, conscious. [I Am That Ch 87](#)

It is a matter of actual experience that the Self is being -- awareness -- bliss. *Awareness of being is bliss.* [I Am That](#)