

QUESTIONS/THOUGHTS FROM 0217

The states of consciousness--two complementarities to consider:

- Complementarity of the States of Consciousness and Consciousness itself, the "fourth," the Reality (= Turiya means "fourth"). What is Turiya?
- Complementarity of the States of human experience, and as participation in Cosmic Consciousness, spectrum of World-Idea—a deepening expression of and participation in the cosmic Contemplation *Matrix of Mystery*...

Here are files with some quotes — on the web.

[PB notes on States of Consciousness 3p -- w-d-s-turiya](#)

[CONSCIOUSNESS and RECOGNITION 1p](#)

[after 0127 phases revisited 1p witness, and beyond](#)

Here is audio/text.

[AD Consciousness Deepens](#)

[HHDL 1978 sid charlene interview sixth consciousness, sixth mind](#)

Effort and No Effort: When effort is needed, effort will appear. When effortlessness becomes essential, it will assert itself. A few quotes here:

[Effort and No Effort 1p](#)

Ramana to PB *when heart speaks to heart what is there to say-- AND words from the heart and words that evoke the heart.*

[From The Zen Teaching of Huang Po — and Hafiz](#)

Reality as Ultimate, Mind itself... and Reality as Mind-WM-Overself-Cosmos. Vast. We have had this discussion in context of Plotinus, PB, and metaphysical chart. Lets look again -- in relation to Taimni.

[a few PB notes on Where we meet God](#)

What is the ego... and value of knowing about it. Relation of ego-person to body, individual, I, witness, unit of life, jivatma.

The great chapter "The secret of the I,"... and notes on web... also Unit of Life 26.4.257 and more... AD on Unit Soul on LIM website, and [Standing in Your Way](#)